

Cosmetic Treatment is a very personal procedure, and not a decision to be taken lightly. Therefore, you must think carefully about your desire to undergo treatment, your own reasoning behind it and give careful consideration to the practitioner you choose.

THINGS TO CONSIDER

When you're getting Cosmetic Treatment



Don't just trust recommendations - check accreditation and qualifications too



Don't rush into it - choosing an unqualified professional might cause permanent damage



Ask - Are they trained? Do they have the experience? Are they insured?



Make sure you feel confident in the person carrying out your operation and don't do anything if you are unsure.

TAKING GENERAL NOTES

Make sure you document everything you can, before and after the procedure

Who is carrying out the procedure? (trained doctor, registered nurse, other?)



Are they insured?

Note: If they don't want to tell you / prove to you, they probably aren't a great choice for the work.



Document exactly what the agreed treatment procedure is.



If you sign any contract / disclaimer make sure to get a copy.



Take clear photos again before and after (these will also help you to visually see the positive results)



NEGLIGENCE

Examples of clear acts of negligence



Injecting filler or Botox into an area that was not agreed.



Negligently carrying out the procedure.



Failing to stop or rectify the procedure when it is clear there is an adverse reaction.



Failing to dissolve any filler or not having the correct equipment to dissolve the filler straight away if there is an adverse reaction.



Causing infection.



Any scarring as a result of the procedure which was not expected. This applies to all procedures including laser hair removal.



Injuring the client during the procedure.



Severe bruising.

CONSENT AND ADVICE

What to be aware of before work takes place

Before any procedure, do not be afraid to read all the information given to you and ask questions if you are unsure.

It is the job of the practitioner to make sure you understand the risks. If you have not been fully informed of the risks, the practitioner should not go forward with the procedure.

Note:

With regards to fillers, whilst the industry is not regulated, the advice to all practitioners remains the same, they must obtain fully informed consent.

When you're looking into non-surgical cosmetic treatments, the best things to do are to ensure that your clinician is **experienced** and **competent**, the products used are **traceable** and **safe**, and that you are aware of potential **side-effects**, **risks** and **healing times**.

Only then are you ready make the final consideration – **am I happy to go ahead with my cosmetic treatment procedure?**